

SPRING BANK HOLIDAY CLOSURE

MONDAY 27 MAY - CLOSED

REPEAT MEDICATION

- Please remember to order your repeat medications in good time. Please allow 48 hours for repeat requests.

OVER THE COUNTER

- Pharmacists offer health advice and remedies over the counter for a range of illnesses such as coughs, colds and flu, pregnancy testing and minor cuts and injuries. Opening hours for pharmacies will vary over the Easter period.
- For more information visit www.nhs.uk

OUT OF HOURS SERVICES

- If you or a member of your family feels unwell and cannot wait until the Surgery re-opens, you can contact the out of hours service on:

0300 555 9999

URGENT CARE CENTRES

- If you have a **minor illness or injury** you can also go to your **local Walk-in Centre** rather than A & E - ***you do not need an appointment***. The centres provide advice and treatment by experienced nurses for a range of illnesses including cuts, sprains, burns, ear infections and emergency contraception.

- **Warren Farm Urgent Care Centre**

Warren Farm Road, Kingstanding, B44 0PU

**- open every day over the holiday period
from 8.00am to 7.00pm.**

Tel: 0121 465 5613

- **Erdington Health & Wellbeing
Walk in Centre**

196b High Street, Erdington, B23 6SJ

8.00am to 8.00pm - 365 days per year.

Tel: 0121 686 8010

NHS 111

- You should use the NHS 111 service if you urgently need medical help or advice but it's not a life threatening situation. NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobiles.

A & E / 999

- In an **emergency**, you might need to call 999 or go to your nearest A&E department. Remember there is always extreme pressure on these services, so think first about whether your illness could be better treated by using one of the options above. Unnecessary visits to A & E simply make waiting times longer and risk taking staff away from people who are very sick.

THE SURGERY RE-OPENS ON

TUESDAY 28 MAY AT 08.15 AM